

GREAT TIMES

AUGUST 31
2023

Newsletter of Rotary Club of Rajkot Greater

Year : 2023 - 24

R.I. District : 3060

Club Number : 24912

Chartered : August 26, 1987

www.rotaryrajkotgreater.org.in
president.rcrg@gmail.com



Charter Day Celebration
Happy Birthday
RCRG




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TO HUMANITY

37 YEARS

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DISTRICT GOVERNOR
Rtn. Nihir Dave

CLUB PRESIDENT
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Club Comm.

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Seargent At Arms

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MEETINGS

MEETING 09

Programme	ANTAKSHARI BY ANN. ROOPA NAGRECHA
Date	SEPTEMBER 14, 2023 - THURSDAY
Time	8:00 PM
Menu	DINNER
Venue	D.P.DOSHI ROTARY GREATER AUDITORIUM
Invitee	RTNS., ANNS. & ANNETS

BIRTHDAYS

2nd September	Ann. Falguni Bhavesh Vegada	9824234211
4th September	Ann. Mayuri Chandresh Tratiya	6353738273
06th September	Ann. Mital Ashwin Vasani	9712197192
06th September	Ann. Pankita Maulik Shah	9979961029
08th September	Ann. Deval Kushal Mehta	8866105817
11th September	Rtn. Ishita Ravi Chhotai	9726797978
13th September	Rtn. Rushit Nathwani	9898944453
13th September	Mr. Jatin Panchasara	9979849922
13th September	Ann. Ketu Rajiv Shah	9824465447

WEDDING ANNIVERSARY

7th September	Rtn. Rushit Nathwani 9898944453	Ann. Grishma Nathwani 9722504099
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UPCOMING MEETING

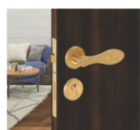
Antakshari

September 14, 2023 - Monday

Antakshari is the most popular musical game in India that needs no introduction. It has been bonding friends and families for ages. RCRG presents **Antakshari 2023** going to be conducted by none other than the Antakshari Queen **Ann. Roopa Nagrecha**. The participants will be divided into groups and there will be different rounds with exciting new twists. And like every year there will be exciting prizes for the winners. So, all the **amazing singers, hummers, whistlers, and music buffs of RCRG**, it is time to show off your Bollywood music knowledge base with your singing and thinking prowess.



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ROUND THE CORNER

14 September	19-21 September	21 September	28 September
Antakshari by Ann. Roopa Nagreacha	Ganesh Sthapan at Bhavan	Daughter's Day Celebration	Asset Allocation Strategies

MEETING REVIEW

Charter Day Celebration

August 26, 2023 - Saturday

The Charter Day Meeting of 2023 started with Rotary Prayer by **Rtn. Darshan Lakhani** and Four Way Test by **Rtn. Rajesh Parekh** in his unique way of correlating 4 way test with Jain Religion.

This year a beautiful skit was conceptualized by **Rtn. Mehul Nathwani** and **Ann. Vidhi Nathwani** coordinated with the help of **Rtn. Aashish Joshi** and written by **Rtn. Jaydev Shah** was performed by our Charter Members **Rtn. Pankaj Raiyani**, **Rtn. Virendra Kothari**, **Rtn. Kirit Rajvir**, **Rtn. Praful Gohil**, **Rtn. Rajesh Somaiya**, **Rtn. Vinod Amlani** and **Rtn. Mahendra Kakkad** and two of our new Members **Rtn. Dr. Jigar Patel** and **Rtn. Vipul Kotak**.

Charter Members on the stage talked about the 37 years of RCRG's journey and the first ever fundraiser. **First fund raiser** was done in the form of Nukkad TV Serial Characters Road Shows collecting over **3 lakhs** rupees.

The skit was a medium to let all the members new and old know of the ups and downs, highs and lows, positives and negatives that RCRG has faced in last **37 years**. Past Presidents of RCRG were invited on the stage to talk about different topics as mentioned below:

Rtn. Pravin Patel and **Rtn. Ashwin Lodhiya** talked about the various **Service Projects** that RCRG has done over the years.

Rtn. Dr. Amit Raja and **Rtn. Dr. Ketan Bavishi** discussed the **Fundas of Fun Raising** and amount that has been raised by RCRG for betterment of Society.



Member Scrutiny Chair
PP Rtn. Dr. Ketan Bavishi
PP Rtn. Darshan Lakhani

Global Grant Chair
Rtn. Manish Patel

Fundraising Chair
PP Rtn. Amit Raja

TRF Chair
PP Rtn. Sarju Patel

Membership Chair
Rtn. Dhruv Kakkad

Literacy Chair
Rtn. Rajen Shah

Club Trainer
PP Rtn. Dr. Yogesh Mehta

Aanandgram Chair
PP Rtn. Mehul Nathwani
PP Rtn. Ashwin Lodhiya

Women/Child Development Chair
Ann. Dr. Ami Mehta
Rtn. Ishita Chhotai
Ann. Nivetha Amlani
Rtn. Vishma Panchasra
Ann. Preeti Amlani

Health/Medical Chair
Rtn. Dr. Sanjeev Nandani
Ann. Dr. Nidhi Jhala
Rtn. Dr. Jigar Patel
Dr. Kartik Sutariya

Public Image Chair
Rtn. Rajiv Zaveri

Bhavan Chair
Rtn. Apoorva Modi

Interact Club Chair
Rtn. Killol Karia
Rtn. Nevil Vaishnav

Skin Bank Chair
PP Rtn. Yash Rathod
Rtn. Ravi Chhotai

District Conf. Chair
PP Rtn. Yash Rathod
Rtn. Mehul Buddhadev



Dr Pratik Bhadaja
MB DGO
Diploma in Laparoscopy
(CICE, France)
Consultant Gynaecologist

Dr Khushbu Zalavadia
MB DGO
Consultant Gynaecologist
Infertility Specialist

Obstetrics

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Infertility

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The details of **Matching Grants** were by **Rtn Sunil Ambasana** and **Rtn Bhavesh Vegda**. And **Rtn. Sarju Patel** gave an in depth information about the Matching grants and TRF contributions done till now and how did it help RCRG in doing big projects.

Rtn Sanjeev Nandani recited a beautiful informative song of Rotary and TRF.

Rtn. Ashok Surelia and **Rtn. Jatin Bharad** talked about how our beloved **Greater Bhavan** was built after **facing various financial struggles**.

Rtn Darshan Lakhani gave detailed information on RCRG's participation in different **Exchange Programs** conducted by Rotary as a whole and **Rtn. Viren Kothari** shared his experience about the same

Ann Sheetal Patel and **Ann Purvi Lakhani** gave a detailed information about the various **Fun and Fellowship Programs** conducted by RCRG

Rtn Mehul Nathwani and **Rtn Yash Rathod** came on the stage to give the closing remarks. They described how Rotary has been a family to all of us and that new members should actively participate to become a bigger part of this family. According to them taking Leadership teaches a lot and we should follow the footsteps of our Charter members and Senior members to make our Club greater.

It is a matter of great pride for RCRG that our Annets are also attached to the club as much as all the members. A great example of this was when **Annet Rishi Sarju Patel** donated **25000** to RCRG from his first salary.



PROJECT REVIEW

Project Anand : Education with Story Telling

The Project **"Education via Story Telling"** is a unique approach started by RCRG. Under this project various moral stories were narrated to students from Primary Sections of different schools. These moral stories are not only entertaining but also provides a rich and varied source of learning important life lessons, healthy behaviors, and language opportunities. The storyteller of both the session was **Rajakbhai Unadpotra, Principal Government Primary School**

School	C K Gohel Primary School	Parishram School
Date	August 17th 2023, Thursday	August 26th 2023, Saturday
Beneficiarie	550 students	600 students
Attendees	Rtn. Pravin Patel, Rtn. Jaydeep Vadher, Rtn. Anup Joshi, Rtn. Jaydev Shah, Ann Meeta Patel, Ann Bindu Shah, Annet Niyati Shah	Rtn. Pravin Patel, Rtn. Ravi Ganatra, Rtn. Jaydev Shah, Rtn. Mehul Nathwani, Ann. Bindu Shah, Ann. Ishita Ganatra, Ann. Vidhi Nathwani, , Ann. Shilpa Bhojani, Ann. Jigna Savaliya, Annets Sarthak & Dhiyaan Ganatra



Project Shakti : Hemoglobin Checkup & Cancer Awareness Camp @ Shree Kadvibai Virani Kanya Vidyalaya

August 17, 2023 - Thursday

1800 Girls

Support:

Kundariya Foundation Trust

Attendees: Rtn. Pravin Patel, Rtn. Jaydeep Vadher, Rtn. Anup Joshi, Rtn. Jaydev Shah, Ann Meeta Patel, Ann Bindu Shah, Annet Niyati Shah

Special Mention: Rtn. Praful Gohil for organising the camp



Obesity in Middle Age Seminar

August 19, 2023 - Saturday

Speakers: **Dr. Zalak Upadhyay, Dr. Hetal Patolia and Dr. Sanjay Patoliya**

Special Attraction : In addition to the informative seminar **BMI** assessment for each and every participant was done, with special help from Ann's of RCRG

Warm up Session: **M Z Fitness**

Healthy Bites: **Salad Studio**

Supported by: **Rajkot Menopause Society and Club 35 Plus**

Beneficiaries: 225 Ladies

Special Mention: **Ann. Dr. Ameet Mehta** for arranging such an informative seminar



Project Samruddhi : Book Talk - The Magic of Thinking Big by Rtn. Ishita Chhotai

August 21, 2023 - Monday

RCRG organised a Book Talk at Darshan University with the help of **Darshan University** Library as a part of their University Induction Programme to welcome more than 100 new students of B.Sc (Hons.) and B.Sc. (Micro). The Book talk was presented by Counsellor, Orator and Social Activist **Rtn. Ishita Chhotai** on the book "**The Magic of Thinking Big**". The book talk inspired and encouraged young minds towards success by teaching them how to earn more, lead fearlessly and to live a happier life. Rtn. Nilesh Bhojani, Rtn. Dipak Kothari and Ann. Shilpa Bhojani were also present.



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Project Anandgram at Devala Village

August 23, 2023 - Wednesday



RCRG selected **Devala Village, Lodhika Taluka** for the District Project Anandgram. **65** students of the village Primary School were provided with **Raincoat, School Bag, Compass Box, Lunch Box, Note Books, Pencils, Erasers and Sharpners**. Later on a meeting was held with the Village heads and School Principal to discuss and join hands for other projects in the future for the welfare of Devala.

Rtn. Mehul Nathwani, Rtn. Nilesh Bhojani, Rtn. Ravi Chhotai, Rtn. Vimlesh Shah, Rtn. Anup Joshi, Rtn. Jaydev Shah, Ann. Vidhi Nathwani, Ann. Shilpa Bhojani, Anner Jiya Nathwani and RCC members were present for the project.

Independency Day and Art Competitions at Kansagra Mahila College

August 15 & 26, 2023 - Tuesday & Saturday

With support from **N.S.S Kansagara Mahila College**, RCRG organised a Patriotic Card Making, Patriotic Song Singing, Patriotic Dialogues and Dance Competition at the Kansagra Mahila College. The competitions were held between all students of various colleges that come under the **Saurashtra University**.

RCRG also organized **Art Festival** at the college which included Light Makeup, Skin Care, Nail Art, Rangoli etc. The Judges for these competitions were **Ann Priti Vasani** and **Ann Mayuri Tratiya**. Rtn. Rushit Nathwani and Rtn. Nilesh Bhojani were also present during these competitions.



Project Swasthya: Protein Kit Distribution at District TB Centre

August 26, 2023 - Saturday



With an initiative to make India a TB free nation, RCRG has decided to provide kits comprising of high protein and nutritional items to TB patients with the help of district TB Hospital on monthly basis. **25** such kits were donated to **TB patients** at District TB Centre this month. It will help improve the overall health and lifestyle of TB patients and gradually decrease the spread of TB in India. Rtn. Ravi Chhotai, Rtn. Dr. Anil Savaliya and Rtn. Jaydev Shah were present for the distribution.



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Meal at Mother Teresa Orphanage

August 26, 2023 - Saturday

To celebrate the Charter Day of our Club and birthday of Mother Teresa and to honour the legacy of "**Service Beyond Self**", RCRG provided afternoon meals to **137 kids of Mother Teresa Orphanage**. The smiles on the faces of these kids was a gift as good as any for RCRG. It also served as a reminder to keep up with the good work with double the efforts. Rtn Jaydeep Vadher and Rtn Anup Joshi were present during this project.

Rakshabandhan Celebration

August 26, 2023 - Saturday

With the festival of Rakshabandhan so near to the Club Charter Day, RCRG has sent **300 Rakhis** for the brave soldiers protecting our country at the borders. These Rakhis are out little token of love for out selfless soldiers and to tell themhow grateful we are for their service to the nation. Along with the Rakhis which were made by **Setu Workshop & Hobby Center of Mentally challenged children** we have also sent beautiful messages written by the girls of **RCC and Interact Clubs**.



TECH SIMPLIFIED

Rtn. Priyank Bharad

Things to Keep in Mind while Buying Electronics Online



With every app from **Amazon** to **Flipkart** to **Tata Cliq** offering amazing discounts and offers on Electronic Products, it is easy to get drawn to these deals. But even though shopping electronic gadgets from online stores can be a good way to save time and money, there are certain things you should be aware of before making any purchasing. Let us discuss a few essential factors which I feel should be considered when buying electronics online:

- **Research the Products:** Ask an expert or use search engines like Google to decide which features or details are most crucial to you. Before making a purchase, compare prices of the product on different websites and apps.
- **Shop from a Reputable Online Store :** There are a lot of scams out there, so it's important to do your research and make sure you're shopping from a trusted source and a reputable website. Don't trust all the advertisements that pop on Facebook/Instagram/Whastapp.
- **Check the Sellers Reputation :** Look for reviews and feedback from other customers to ensure that the seller is reliable and has a history of providing good customer service.
- **Read the Product Description Carefully:** Look for information about the product's key characteristics like size, weight, colour, warranties and guaranties.. Examine the product description images to ensure that they are clear and correct.
- **Read the Customer Reviews:** Look for feedback, ratings, and reviews on product-related web forums and discussion boards. This is a great way to get feedback directly from users who have bought and used the product.



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- **Check the Return and Exchange Policy:** In case you need to return or exchange a product, understand the seller's return policy and the time range within which a customer can return or exchange it. There are many product on online platform that only allow replacement in case of wrong or damaged product; Be aware of such products. Look for returnable product
- **Shipping and Delivery Costs:** When you are going for the best electronic gadgets to buy, it is important to be aware of the shipping and delivery costs. Many websites offer international products, for which custom duties may be charged.
- **Watch for Discounts:** During a sale, you may get lower prices or receive discount coupons. Check to see if the product is available in a package deal with other items
- **Try to use Cash on Delivery:** There are discounts, cashbacks and other offers when you make online payment, but when you are even a little unsure about a seller or the product it is best to use Cash on Delivery to avoid any kinds of frauds or disputes.



Rtn. Rajen Shah

FRESHLY BREWED

પુસ્તકો અને બુકટોક

આપણામાંથી નાનપણમાં ઘણા બધાએ અલગ અલગ પુસ્તકો, પંચતંત્ર, લોકકથાઓ, હરકિશન મહેતા, અશ્વિની ભટ્ટ, પન્નાલાલ પટેલ કે મેઘાણીની સૌરાષ્ટ્રની રસધાર વગેરે વાંચી હશે કે વડિલોના મોઢે સાંભળી હશે. આજે અનેક કારણોસર વાંચન ઘટતુ જાય છે ત્યારે પણ ઘણા લોકોને બુકની વાતો કે બુકની વાર્તાઓ સાંભળવી ગમે છે. વાર્તાઓ હંમેશા માણસને આકર્ષતી આવે છે. કોઈએ ખરું કહ્યું છે કે જીવન એ અગણિત વાર્તા સીવાય કશું જ નથી.

પુસ્તકની એક અલગ જ દુનિયા છે. બુક વાંચવું એ એક માત્ર વ્યસન હશે કે જે નુકશાનકારક નથી પણ બહુ ફાયદાકારક છે. માનવ મનને કલ્પનાની દુનિયાની સફર પુસ્તકો કરાવે છે. પુસ્તકો વાંચતી વખતે મગજના બન્ને બ્લોકસ એકટીવ થાય તેવું સંસોધન પણ જોવામાં આવ્યું છે. જેના કારણસર મોટી ઉંમરે થતા અલ્ઝાઇમર કે યાદશક્તિના પ્રોબ્લેમને દુર રાખે છે. પુસ્તકએ માનવ માટે શ્રેષ્ઠ મિત્ર (Friend - Philosopher and Guide) બની રહે છે.

વાંચન ફોકસ વધારે છે. વાંચન મગજની બેસ્ટ એક્સરસાઇઝ છે. તમારી વાતચીતની આવડત વાંચનથી વધુ શ્રેષ્ઠ બને છે. પુસ્તકો તમારા ખરાબ મુડ ને બદલે છે, માર્ગદર્શન આપે છે, સાથ આપે છે. કોમર્શિયલી વિચારીએ તો આપણે રોકાણ અને વળતર બાબત બહુ સજાગ હોઈએ છીએ. વાંચનમાં રોકેલ સમય શ્રેષ્ઠ વળતર આપે છે.

અત્યારે પુસ્તકો માટે લાયબ્રેરી જવાની જરૂર નથી, કીડલ હાજર છે. વાંચવું નથી તો ઓડિયો બુક્સ અવેલેબલ છે. આ ઉપરાંત એક પ્રવૃત્તિ જે દિવસે દિવસે વધી રહી છે તે બુક-ટોક છે. એક બુક ઉપર વક્તા જે તે બુક વિશે વિસ્તૃત સમરી આપે, વિષયની સરસ છણાવટ કરે, ફીક્શન હોય તો તેની વાર્તા ની સમજૂતી આપી સરસ બુકનો આપણને રસાસ્વાદ કરાવે. એક કલાકમાં આપણે, એક અલગ જ દુનિયાની સફર કરી આવીએ છીએ. બુકટોક કરનાર વ્યક્તિ જે એક કલાક ટોક કરે છે. પણ તેની તૈયારી કલાકો કે દિવસોની હોય છે. સમય કાઢીને આ પ્રવૃત્તિને ઉત્તેજન આપવા જેવું ખરું. આજે જ્યારે સોશીયલ મીડીયા ઉપર ૩૦ થી ૫૦ વરસના એજગ્રુપ નો વપરાશનો એવરેજ સમય રોજના ૩.૫૦ કલાકનો જોવામાં આવ્યો છે. જેમાં કામનો કેટલો અને સર્ફિંગ કેટલું એ દરેક વ્યક્તિને ખબર હોય છે. પણ તેનાથી થતા નુકશાન વિશે આપણે અજાણ હોઈએ છીએ. આ સમયનો દશમો ભાગ પણ પુસ્તકોને આપવામાં આવે તો વ્યક્તિના જીવનમાં સારો ફરક આવી શકે. કેટલાક જાણીતા વ્યક્તિઓના પુસ્તક વિશેના વિચારો અંહી આપેલ છે

"That's the thing about books. They let you travel without moving your feet." - Jhumpa Lahiri, The Namesake

"Literature is the safe and traditional vehicle through which we learn about the world and pass on values from one generation to the next. Books save lives." - Laurie Anderson

"Books are a uniquely portable magic." - Stephen King

"Show me a family of readers, and I will show you the people who move the world." - Napoleon Bonaparte

"Some books leave us free and some books make us free." - Ralph Waldo Emerson



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